|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 586 | 1.6 | 0.9 - 2.7 | 10.8 | 8.3 - 14.0 | 58.9 | 53.8 - 63.8 |
| 30-44 | 646 | 2.2 | 1.3 - 3.5 | 10.9 | 7.8 - 14.9 | 57.6 | 52.1 - 62.8 |
| 45-59 | 399 | 2.3 | 1.1 - 4.9 | 11.5 | 8.3 - 15.8 | 51.9 | 45.6 - 58.1 |
| 60-69 | 181 | 0.8 | 0.2 - 3.7 | 7.7 | 3.7 - 15.2 | 45.1 | 36.7 - 53.9 |
| **Total** | **1812** | **1.8** | **1.3 - 2.5** | **10.8** | **9.0 - 12.9** | **56.6** | **53.3 - 59.9** |
| Location |  |  |  |  |  |  |  |
| Rural | 1450 | 1.8 | 1.2 - 2.6 | 10.5 | 8.6 - 12.8 | 56.9 | 53.2 - 60.5 |
| Urban | 362 | 2.1 | 1.1 - 4.0 | 11.7 | 7.5 - 17.9 | 55.7 | 47.9 - 63.4 |

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| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Male** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 586 | 25.9 | 21.3 - 31.2 | 2.9 | 1.7 - 4.9 |
| 30-44 | 646 | 22.4 | 18.3 - 27.0 | 7.0 | 4.4 - 11.0 |
| 45-59 | 399 | 27.1 | 21.6 - 33.3 | 7.2 | 4.6 - 11.0 |
| 60-69 | 181 | 36.2 | 28.2 - 45.1 | 10.1 | 6.0 - 16.7 |
| **Total** | **1812** | **25.5** | **22.5 - 28.7** | **5.3** | **3.9 - 7.0** |
| Location |  |  |  |  |  |
| Rural | 1450 | 25.4 | 22.3 - 28.8 | 5.4 | 3.9 - 7.5 |
| Urban | 362 | 25.7 | 18.4 - 34.5 | 4.8 | 2.7 - 8.4 |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 834 | 2.7 | 1.7 - 4.5 | 15.5 | 12.3 - 19.2 | 53.8 | 49.2 - 58.3 |
| 30-44 | 1041 | 3.6 | 2.1 - 6.0 | 12.4 | 10.0 - 15.2 | 56.1 | 51.5 - 60.6 |
| 45-59 | 599 | 1.2 | 0.6 - 2.5 | 7.7 | 5.4 - 11.0 | 49.7 | 44.4 - 55.0 |
| 60-69 | 331 | 2.5 | 1.0 - 6.3 | 4.4 | 2.5 - 7.6 | 37.5 | 31.2 - 44.1 |
| **Total** | **2805** | **2.7** | **2.0 - 3.7** | **12.4** | **10.6 - 14.4** | **52.7** | **50.1 - 55.4** |
| Location |  |  |  |  |  |  |  |
| Rural | 2355 | 2.5 | 1.8 - 3.7 | 12.4 | 10.4 - 14.7 | 52.1 | 49.2 - 54.9 |
| Urban | 450 | 3.7 | 2.1 - 6.3 | 12.6 | 9.2 - 17.0 | 56.6 | 49.7 - 63.2 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Female** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 834 | 23.4 | 20.0 - 27.2 | 4.6 | 3.0 - 7.1 |
| 30-44 | 1041 | 23.8 | 20.3 - 27.6 | 4.1 | 2.9 - 5.9 |
| 45-59 | 599 | 34.6 | 29.5 - 40.0 | 6.8 | 4.3 - 10.5 |
| 60-69 | 331 | 43.4 | 36.9 - 50.1 | 12.2 | 8.5 - 17.1 |
| **Total** | **2805** | **26.8** | **24.7 - 29.0** | **5.3** | **4.2 - 6.7** |
| Location |  |  |  |  |  |
| Rural | 2355 | 27.8 | 25.5 - 30.2 | 5.3 | 4.0 - 6.8 |
| Urban | 450 | 21.3 | 16.2 - 27.6 | 5.8 | 3.7 - 9.0 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 1420 | 2.1 | 1.4 - 3.2 | 13.1 | 10.9 - 15.6 | 56.4 | 53.0 - 59.7 |
| 30-44 | 1687 | 2.9 | 2.0 - 4.1 | 11.6 | 9.5 - 14.1 | 56.8 | 52.9 - 60.7 |
| 45-59 | 998 | 1.7 | 1.0 - 3.0 | 9.5 | 7.5 - 12.0 | 50.7 | 46.6 - 54.8 |
| 60-69 | 512 | 1.8 | 0.8 - 4.0 | 5.8 | 3.6 - 9.4 | 40.8 | 35.6 - 46.2 |
| **Total** | **4617** | **2.3** | **1.8 - 2.9** | **11.6** | **10.2 - 13.1** | **54.7** | **52.5 - 56.9** |
| Location |  |  |  |  |  |  |  |
| Rural | 3805 | 2.2 | 1.7 - 2.9 | 11.5 | 10.0 - 13.2 | 54.3 | 52.0 - 56.7 |
| Urban | 812 | 2.8 | 1.8 - 4.2 | 12.1 | 8.9 - 16.2 | 56.1 | 50.2 - 61.8 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Total** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 1420 | 24.7 | 21.8 - 27.8 | 3.7 | 2.6 - 5.4 |
| 30-44 | 1687 | 23.1 | 20.3 - 26.1 | 5.6 | 4.0 - 7.6 |
| 45-59 | 998 | 31.1 | 27.1 - 35.3 | 7.0 | 4.8 - 10.0 |
| 60-69 | 512 | 40.3 | 35.0 - 45.8 | 11.3 | 8.2 - 15.4 |
| **Total** | **4617** | **26.1** | **24.3 - 28.1** | **5.3** | **4.3 - 6.5** |
| Location |  |  |  |  |  |
| Rural | 3805 | 26.7 | 24.7 - 28.7 | 5.3 | 4.2 - 6.7 |
| Urban | 812 | 23.8 | 18.8 - 29.7 | 5.2 | 3.6 - 7.5 |